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BUDDHIST WISDOM *for* OUR TIME

Hope & Healing

Buddhist wisdom for a troubled time

Meditations to Work with Fear and Despair

Guide for Spiritual Activists

How to Be a Citizen-Bodhisattva

The Politics of Human Goodness

Thich Nhat Hanh

My Friendship with a
Supposed Enemy

Roshi Joan Halifax

How to Care for Yourself
While You Care for Others

Matthieu Ricard

A Plea for the Animals

Pico Iyer

The Royal Astrologer
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